



## Snack Calendar (4/2/18-6/29/18)

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> April 16-20 May 21-25 June 25-29	a.m.	multi-grain crackers, sliced cheese	graham crackers, milk	bananas, milk	bagels, cream cheese	applesauce, milk
	p.m.	seasonal fruit*, milk	salad***, crackers	string cheese, crackers	Craisins**, milk	veggie medley***, milk
		5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal
<b>Week 2</b> April 23-27 May 28-June 1	a.m.	animal crackers, milk	bananas, milk	apple slices**, milk	yogurt, graham crackers	Fig Newtons, milk
	p.m.	salad***, crackers	string cheese, crackers	whole grain tortilla chips****, milk	veggie medley***, crackers	tortilla & cheese wraps
		5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal
<b>Week 3</b> April 30-May 4 June 4-8	a.m.	string cheese, crackers	pretzels, milk	bananas, milk	Fig Newtons, milk	yogurt, graham crackers
	p.m.	apple slices**, milk	salad***, crackers	pudding, graham crackers	veggie medley***, crackers	pita chips****, milk
		5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal
<b>Week 4</b> April 2-6 May 7-11 June 11-15	a.m.	cereal bars, milk	cheese crackers, milk	Craisins**, milk	seasonal fruit*, milk	applesauce, milk
	p.m.	veggie medley***, crackers	bananas, milk	whole grain tortilla chips****, milk	string cheese, crackers	salad***, crackers
		5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal
<b>Week 5</b> April 9-13 May 14-18 June 18-22	a.m.	string cheese, crackers	bagels, cream cheese	yogurt, graham crackers	apple slices**, milk	cereal bars, milk
	p.m.	seasonal fruit*, milk	veggie medley***, milk	bananas, milk	pudding, graham crackers	fruit cup, milk
		5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal	5:00 whole grain cereal

### Notes:

- Hummingbirds/Chickadees (infants/toddlers) will receive an alternative/modified snack on the days as indicated: \*fruit cup, \*\*applesauce, \*\*\*steamed veggies. \*\*\*\*bagel & butter/cream cheese.
- Seasonal Fruit Options: strawberries, Clementine's, grapes, watermelon, cantaloupe.
- Veggie Medley Options: carrots, tomatoes, broccoli, cauliflower, snap peas.
- Salad blend includes cabbage, carrots, romaine and iceberg lettuce.
- Two food groups are served at every snack.
- Water will be served when no beverage is indicated.
- An additional snack of Whole Grain Cheerios is provided for children daily at 5:00 p.m.
- Snack is served at 9:30 a.m., 3:15 p.m., and 5:00 p.m. (cereal).
- ELC monitors meals provided from home and supplements as necessary to ensure that children are receiving nutritious, balanced meals and snacks.