



# Snack Calendar (3/30/20-6/26/20)



		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> April 20-24 May 25-29	a.m.	whole grain crackers, sliced cheese	pretzel chips with hummus****, milk	bananas, milk	cereal bar, milk	veggie medley***, whole grain crackers
	p.m.	seasonal fruit, milk  5:00 graham crackers	carrots***, whole grain crackers  5:00 graham crackers	string cheese, whole grain crackers  5:00 graham crackers	raisins*, milk  5:00 graham crackers	applesauce, milk  5:00 graham crackers
<b>Week 2</b> April 27-May 1 June 1-5	a.m.	animal crackers, milk	string cheese, whole grain crackers	cereal, milk	tortilla & cheese wrap	cheese crackers, milk
	p.m.	yogurt, graham crackers  5:00 graham crackers	bananas, milk  5:00 graham crackers	snap peas***, whole grain crackers  5:00 graham crackers	apple slices**, milk  5:00 graham crackers	veggie medley***, whole grain crackers  5:00 graham crackers
<b>Week 3</b> March 30-April 3 May 4-8 June 8-12	a.m.	applesauce, milk	bagel, cream cheese	bananas, milk	cereal bar, milk	string cheese, whole grain crackers
	p.m.	grape tomatoes***, whole grain crackers  5:00 graham crackers	seasonal fruit, milk  5:00 graham crackers	pudding, graham crackers  5:00 graham crackers	veggie medley***, whole grain crackers  5:00 graham crackers	pretzel chips with hummus****, milk  5:00 graham crackers
<b>Week 4</b> April 6-10 May 11-15 June 15-19	a.m.	cereal, milk	yogurt, graham crackers	tortilla & cheese wrap	apple slices**, milk	veggie medley***, whole grain crackers
	p.m.	snap peas***, whole grain crackers  5:00 graham crackers	bananas, milk  5:00 graham crackers	raisins*, milk  5:00 graham crackers	string cheese, whole grain crackers  5:00 graham crackers	applesauce, milk  5:00 graham crackers
<b>Week 5</b> April 13-17 May 18-22 June 22-26	a.m.	cereal bar, milk	string cheese, whole grain crackers	bananas, milk	pretzel chips with hummus****, milk	bagel, cream cheese
	p.m.	carrots***, whole grain crackers  5:00 graham crackers	seasonal fruit, milk  5:00 graham crackers	yogurt, graham crackers  5:00 graham crackers	veggie medley***, whole grain crackers  5:00 graham crackers	fruit cup, milk  5:00 graham crackers

**Notes:**

- Hummingbirds/Chickadees (infants/toddlers) will receive an alternative/modified snack on the days as indicated: \*fruit cup, \*\*applesauce, \*\*\*steamed veggies. \*\*\*\*bagel & butter/cream cheese.
- Seasonal Fruit Options: strawberries, Clementine's, grapes (children under two will receive a fruit cup), watermelon, cantaloupe.
- Veggie Medley Options: carrots, grape tomatoes, broccoli, cauliflower, snap peas. Served with ranch dressing upon request.
- Two food groups are served at every snack (water served when no beverage is indicated).
- Snack is served at 9:30 a.m., 3:15 p.m. An additional snack of graham crackers is provided for children daily at 5:00 p.m.
- ELC monitors meals provided from home and supplements as necessary to ensure that children are receiving nutritious, balanced meals and snacks.